

## PEOPLE HELPING PEOPLE (PHP)



*People Helping People is a small project founded in the Chapel of Penha de França to help those in need.* Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. **We have tried to keep them warm, keep them hopeful, and keep them dreaming...**

**The Mission Statement of People Helping People is...** through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy (Gospel according to Luke, chapter 6 and Matthew chapter 25).

"You should wash each other's feet"  
(John 13:14).

### >> PEOPLE HELPING PEOPLE CONTACTS:

**EUROPE:** Pe Bernardino Andrade, Rua das Murteiras, 28 - 1E, 9060-199 Funchal, Madeira, Portugal.

Email: bernardinodandrade@gmail.com

**USA:** Larry Contreras, 60 Meeks Ln., Oakley, CA 94561. Tel. 707-333-5501

Email: l.a.contreras@sbcglobal.net

### >> TRANSFER TO BANK ACCOUNT IN MADEIRA:

#### ACCOUNT NAME:

Associação Gente Ajudando Gente

**BANK:** Banco Santander Totta

**ACCOUNT NUMBER:** 0003 4938 1759020

**IBAN:** PT50 0018 0003 49381759020 94

**SWIFT:** TOTAPTPL

**NIB:** 0018 0003 49381759020 94

#### Bank Address:

Caminho de Santa Quiteria 46A,  
9020-119, Funchal  
Madeira, Portugal.



### >> DONATIONS FROM THE UK:

**ACCOUNT NAME:** Sinead Moynihan

**BANK:** Lloyds Bank

**ACCOUNT NUMBER:** 02461743

**BRANCH:** Univ. of Cambridge

**SORT CODE:** 30-13-55

**IBAN:** GB05 LOYD 3013 5502 4617 43

**BIC:** LOYDGB21035



The funds will then be transferred to Madeira. Any questions or concerns about transferring to this account, please contact Sinead Moynihan at: sineadmoynihian7@icloud.com



### >> DONATIONS FROM THE USA:

**Instructions for sending funds to  
People Helping People in Madeira,  
Portugal, from USA:**

**Write a check made out to:** Fr  
Bernardino Andrade PHP  
in the bottom of the check in Memo  
area add: **PHP**



#### Mail the check to:

Mr. L.A. Contreras  
60 Meeks Lane  
Oakley, Ca 94561

The funds will then be transferred to the People Helping People account in Madeira, at no cost.

Any questions or concerns please contact Larry Contreras at 707-333-5501 or email him at: l.a.contreras@sbcglobal.net

**Food items are also appreciated and can be left in the basket at the Chapel door on Sunday mornings.** When sending any donation, please send an email to penhafranca.newsletter@gmail.com with the date, and name on the transfer so that Fr. Bernardino is able to confirm with you as soon as the transfer is received. Thank you.

Older issues of the newsletter can be downloaded from the Chapel's website/blog: [www.rcmassmadeira.org](http://www.rcmassmadeira.org)

## JOYFUL GIFT

24th of September 2023

25th Sunday in Ordinary Time, Year A

10h00 Sunday Mass

Chapel of Our Lady of Penha de França,  
Rua Penha de França 3, Funchal, Madeira

**Website and Blog:** <http://rcmassmadeira.org/>

**Facebook:** [www.facebook.com/penhafrancachapel](http://www.facebook.com/penhafrancachapel)

**Instagram:** [www.instagram.com/capela\\_penha\\_franca/](http://www.instagram.com/capela_penha_franca/)

**Email:** [penhafranca.newsletter@gmail.com](mailto:penhafranca.newsletter@gmail.com)

Welcome

Vol. 3, nr. 381



### CATHOLIC MASS – 10 AM SERVICE (IN ENGLISH)

Good morning! Welcome to the Chapel of Our Lady of Penha de França. Our Chapel is 400 years old, which was founded by Antonio Dantas in 1622.

**Please keep Father Bernardino in your prayers** as he recovers at home from his recent operation in August.

### TODAY'S SCRIPTURE READINGS – 25th Sunday in Ordinary Time, Year A

(*Isaiah 55:6-9; Psalm 144(145):2-3. 8-9. 17-18 r.18; Philippians 1:20-24, 27; Matthew 20:1-16a*)

Earlier in this chapter **Isaiah** invited us to the joyful banquet the Lord has prepared for us – "the supper of the Lamb". Today's reading urges us to "seek the Lord while he may be found": hidden and unimaginably different from us, yet he is near and wanting to give us his forgiveness. **The Psalm**, a hymn of praise to God's mercy, recalls when the Israelites worshipped the golden calf: the Lord is "slow to anger and abounding in mercy". For the next four weeks the second reading is from Paul's letter to the **Philippians**, probably written about 57 AD from Ephesus. Paul writes to thank the Philippians for the money they had sent him while he was in prison, and to encourage them to support each other in their pagan surroundings. Paul is very clear about his future life with Christ immediately after death. Sharing in Christ's suffering means also sharing in the joy of the union with Christ which such suffering brings. Paul is torn between wishing to be gone and so be with Christ, or staying alive suffering in the Lord's work. In **Matthew's gospel** even those rejected by others are swept up into the Lord's vineyard. Justice to those hired first is balanced by mercy to the latecomers.

### PSALM RESPONSE: The Lord is close to all who call him.

[www.bible-groups.info](http://www.bible-groups.info)

The Scripture notes are sent to us every week by **Chris Oliver from the UK**. If you'd also like to have these sent to you by email or included in your parish newsletter, please contact Chris at: [chris@chris-oliver.net](mailto:chris@chris-oliver.net)

### TODAY'S HYMNS:

- [1] **Entry Hymn:** "God forgave my sin in Jesus' name ..." - 181
- [2] **Gospel Acclamation:** "Hallelu, hallelu, hallelu, hallelujah..." - 210
- [3] **Offertory Hymn:** "Father, I place into your hands..." - 134
- [4] **Amen:** "Honour and glory, amen!..." - 727
- [5] **Peace:** "Shalom, my friend, shalom..." - 495
- [6] **Communion:** "The Lord's my shepherd, I'll not want..." - 554
- [7] **Thanksgiving:** "O lady, full of God's own grace..." - 412
- [8] **Final Hymn:** "The Spirit lives to set us free..." - 561



## FROM MY HEART TO YOUR HEART



- **Brought to you by** Fr. Bernardino Andrade ([bernardinodandrade@gmail.com](mailto:bernardinodandrade@gmail.com))

Good news! Father Bernardino has been released from the hospital this week and he is home now, recovering well from his surgery. Please continue to keep him in your prayers.

This week we will reprint a column that Fr. Bernardino wrote in an older issue of our newsletter: (nº 184, on the 22nd of September 2019)

### A SCIENTIST WHO BECAME A STARFISH SAVER

He was a scientist and was writing a book. Every afternoon he would go to the beach, not to swim, but to take advantage of the sound of the waves, the scenery... of the many kilometers of yellow sand, the presence of children splashing in the water and the gentle flying of elegant seagulls.

There was a small distance between the water and a small forest where there were trees that would protect the scientist from the sun. He would bring a small folding chair and for a while that space was his small office. None of these apparent distractions were able to distract him from his job that, for him, was also a hobby.

None of these activities were able to distract him, except for one. Every afternoon he could see a man «dancing» by himself on the sand. This man would bend down, would stand up, would open his arms and would repeat almost the same movements for a long time. This «show» was happening every afternoon. It was something that started distracting him and then started intriguing him. He even thought if it could be a kind of religious ritual of some kind of religion.

Finally, the scientist decided to unveil the mystery. He left his papers on his chair and full of curiosity approached the «dancing man» and asked for the meaning of that ritual.

The «dancing man» stopped for a while and gladly explained to his visitor:

*«It is because in this water there are many starfish. When the tides rise up, the starfish are thrown onto the sand of the beach. The problem is that when the tides go down most of them stay on the dry sand and die. I come every afternoon looking for starfish that have stayed on the sand, and to save them, I pick them up one by one, and throw them back in the water. I know that those starfish are safe and alive».*



The scientist, expressing some kind of disbelief told him: «But, my friend, there are hundreds of kilometers of sand on this beach, what difference does that make?».

The «dancing man» bent down, picked up another starfish that was close to his feet and said: «Does it make any difference to **this one**?»

The following afternoon the scientist stopped writing his book in the afternoons and joined the «dancing man»... saving starfish.

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Small things done by small people in small places change the world (Mother Teresa)

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What I do for others is just a small drop of water in the ocean. But without that drop of water the ocean is smaller. (Mother Teresa)

Love and Peace

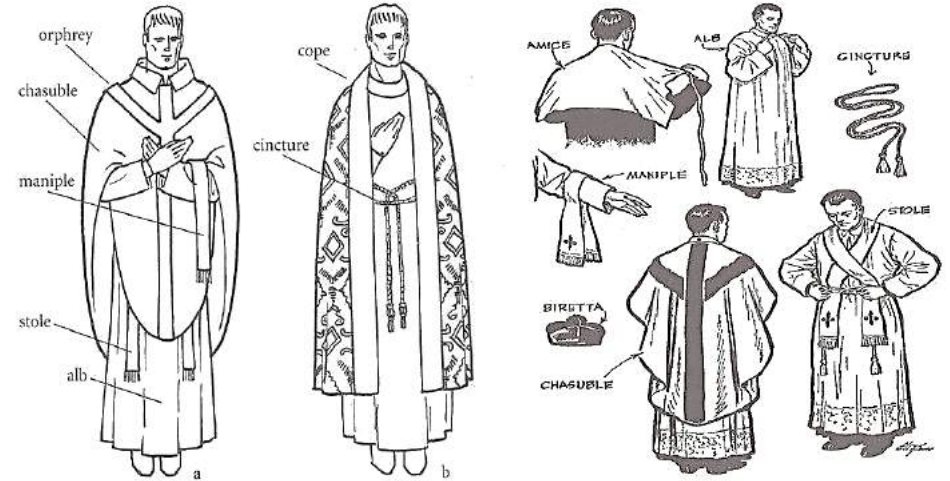
Fr. Bernardino Andrade



### THOUGHT FOR THE WEEK

“Remember, whenever you’re in a position to help someone, be glad and always do it, because that’s God answering someone else’s prayers, through you.”

## PRIEST'S VESTMENTS HAVE SPECIAL NAMES – Here's what they are:



## A TAILOR CALLED JAN TYRANOWSKI – Pope St. John Paul II's mentor

Source: [www.catholicexchange.com/the-mystic-tailor-servant-of-god-jan-tyranowski](http://www.catholicexchange.com/the-mystic-tailor-servant-of-god-jan-tyranowski)



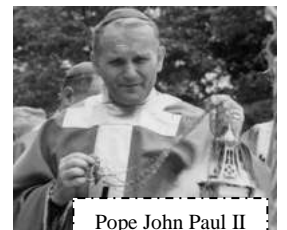
Jan Tyranowski

Did you know that a tailor called Jan Tyranowski was the central figure in the spiritual formation of Karol Józef Wojtyła, who became Pope John Paul II?

Jan Tyranowski was born on 9 February 1901 in Kraków, Poland. His father had plans for him and directed him to the accounting profession, which he studied for. He obtained his high school diploma to enter accounting but this was cut short in 1930 when he suffered from a chronic and debilitating stomach ailment that forced him to quit. He began to work in his father's tailor shop and inherited it after his death.

As priests were carted off by the Gestapo during the occupation of Poland in World War II, Jan reluctantly stepped into unknown territory. He was asked by a Salesian priest to form and advise a group of young men, and to create a youth ministry team for the parish. He was a shy man and did not deal much with people. He was not at all attracted to the youth - the idea of speaking to them terrified him. **When Jan protested, he was told, “Do not be afraid, the Lord will help you.”** The Lord blessed his efforts, and Jan was able to clandestinely bring together team leaders and implement the “Living Rosary” groups that served as a lifeline for the young people suffering under the Nazi occupation. Those involved had many close calls. Youth groups of any kind, especially those that promoted a Polish identity, of which Catholicism was central, were targeted by the Gestapo. Tyranowski's apartment was once raided during a Living Rosary gathering. We do not know what this soft-spoken man said to the Germans, but they left.

Jan continued to mentor his team of Living Rosary group leaders, adjusting his approach to suit each one personally. **Karol Wojtyła, who would later become Pope John Paul II, was one of the team and a Living Rosary group leader.** At this time, Karol was in his early twenties with not one living family member, and Jan Tyranowski helped fill the painful void. He was not only a mentor to young Karol but also a spiritual director, friend, and father figure. Jan Tyranowski managed to attend Karol's ordination as a priest on 1 November 1946 just a few months before his death on the 15<sup>th</sup> of March 1947.



Pope John Paul II